

# St. Francis Catholic Church

## Confirmation Program 2018-2019

### What is Confirmation?

Growth is vital to human life; the body and mind must grow to stay alive. Catholics believe that the soul also needs to grow to maturity in the life of grace, just as the human body must grow through childhood, adolescence, and adulthood. Catholics believe the Sacrament of Confirmation is the supernatural equivalent of the growth process on the natural level. It builds on what was begun in Baptism and what was nourished in Holy Eucharist. It completes the process of initiation into the Christian community, and it matures the soul for the work ahead.

**This sacrament is called *Confirmation* because the faith given in Baptism is now confirmed and made strong. *Confirmation* means accepting responsibility for your faith and destiny. The Holy Spirit is introduced when we are baptized. During *Confirmation*, God the Holy Spirit comes upon the person, accompanied by God the Father and God the Son, just as He did at Pentecost.**

**The focus is on the Holy Spirit, who confirmed the apostles on Pentecost (Acts 2:1–4) and gave them courage to practice their faith. (Confirmation for Dummies: <http://www.dummies.com/religion/christianity/catholicism/the-catholic-sacrament-of-confirmation/>)**

*The requirements below are designed to draw the candidate close to our loving Christ for growth in faith life. Unknowingly, this will affect ALL aspects of the candidate's life here on earth.*

### CONFIRMATION INFORMATION FORM

- The Confirmation Information Form will need to be completed and turned in by **Dec. 9th**.
- A copy of the baptism certificate will need to be attached to the form, unless candidate was baptized at St. Francis. For those, only the Information Form is required.

### CLASSES

- Candidates are expected to attend each Confirmation class arriving by 12pm and attending until 2pm on the second Sunday of each month. Lunch will be provided following class from 2-2:30 for those interested. Youth Group will be held each Sunday from 2:30-4:00 pm.
- Please see the attached calendar for details.

### Missed Classes & Make-Up Work

- Please make every effort to attend each class. Frequent absences may require discussion with Rachel and/or Fr. Shane about attending next year's class.
- If you're unable to attend, it is your responsibility to contact Rachel for assigned make up work. After make up work is completed, a meeting with Rachel is required to discuss missed class content. Make up work and meeting are required to be completed BEFORE the next class.

### MASS JOURNALS

- The Mass Journals will be kept in the back of the church (inner Narthex) on the counter in the coat/book rack area. DO NOT REMOVE without permission from Rachel. Journals will be periodically monitored to record progress and

to answer any questions posed.

- Please number each entry (#1, #2, #3 etc.) and include the following information:
  - Date, presider, indicate if it was a feast day etc.
  - Write down your reflections on the Mass - how was the homily applicable, points that stood out to you, a reading that spoke to you, a song that touched you, questions that come to mind, etc.
  - If visiting a different parish for Mass, you can write your reflection on a separate piece of paper and enter into journal the next time attending St. Francis or attach to journal.
- Please be sure to pick up the journal before mass begins and return the journal to the inner Narthex following Mass. The minimum **16 entries** must be completed by **May 12th, 2019**.

## CONFIRMATION RETREATS

We are blessed to offer two required overnight retreats for Confirmation preparation. Chaperones will be needed for both retreats. Details will be given as the retreats draw near.

- The first retreat is **December 1-2, 2018** in the parish center. This retreat will offer a chance for you to deepen your relationship with God. Information will be handed out in class in November.
- The Spring Retreat will be a two night retreat at Fr. Bernard Youth Center in Mt. Angel on **April 12-14, 2019**. This retreat is the pinnacle of our Confirmation preparation. This retreat will take candidates to a deeper level experiencing the love of Christ.

## SPONSOR

Sponsors are invited to attend our Saturday night, Dec. 1st Potluck hosted by parents during our first retreat. Sponsors will be given packets and directions at the potluck. It is suggested candidates and sponsors schedule at least three meetings before Confirmation. They are invited to attend mass at the closing of our Spring Retreat in Mt. Angel (April 14, 2019). Sponsors are required to attend Confirmation practice in May 2019 (day/time TBD). See "Sponsor" trifold for more information.

## PARENT & CANDIDATE SAINT VIDEO VIEWING

As the primary Catechist of your child, you are the main influence on your teen's spiritual life. (CCC 2223 and CCC 2226)

- Parents are asked to sit with the candidate and view a video on the saint chosen as his/her Confirmation name. If resources are needed, please contact Rachel.
- Notify Rachel the name, source and a brief summary of the conversation held with the teen following the viewing (e.g., What was teen's favorite part; Was there a point of conversion; What makes the person a saint, etc.).
- **View videos and notify Rachel by email (formorrow4@aol.com) by March 10th.**

## SERVICE HOURS

### Community Service

- Each candidate will responsible for completing a total of 10 service hours.
- Five of these hours are required to be in serving the greater community. We will have several group opportunities available throughout the year (e.g., Oregon Food Bank, Potluck in the Park, etc.)

## Parish Service

- Candidates are required to perform 5 hours of service to St. Francis Parish.

Set up a period of commitment to foster a sense of community within the Parish:

Contact **Anna Wilson (anna@stfrancissherwood.org)** to help with the monthly Youth Mass.

Contact the parish office **503-625-6185 or church@stfrancissherwod.org** to help with Coffee and Donuts, sacramental prep classes, or a Mass ministry (usher, reader, etc.), etc.

**See** "Parish and Community Volunteer Opportunities Calendar" for more ideas and dates of planned opportunities.

## Service Log

- Please have your service supervisor sign your Service Log. Parents may also sign if needed. Family involvement in service activity is strongly encouraged.
- **Service hours must be completed and form turned in by April 14th.**

## Contact Information

### Rachel Morrow

Confirmation Coordinator

formorrow4@aol.com

503-538-0292 home

503-703-1610 cell

## St. Francis Confirmation Calendar 2018-2019

### October

14	12-2 (lunch following)	First Confirmation Class	Life is Choices
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### November

11	12-2 (lunch following)	Confirmation Class	What's Holding You Back?
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11	December Retreat Permission Slip Due		
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### December

1-2	Sat. from 10 am to Sunday at 10 am	Confirmation Retreat	You are Chosen
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9		Confirmation Class	The Jesus Question
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9	Confirmation Information Forms Due		
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### January

13	12-2 (lunch following)	Confirmation Class	Relationships
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### February

10	12-2 (lunch following)	Confirmation Class	The Eucharist
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### March

10	12-2 (lunch following)	Confirmation Class	The Holy Spirit
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10	Parent to Report on Saint Video Via Email		
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### April

12-14	Fri. from 7 pm- Sunday at 12 pm	Confirmation Retreat	Father Bernard Youth Center, Mt. Angel
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14	Sponsor/Candidate Wrap Up and Service Logs Due		
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### May

12	12-2 (lunch following)	Confirmation Class	The Church
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12	Mass Journals Due		
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TBA	TBA	Confirmation Practice & Confirmation	
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### July

26-28	TBA	Steubenville NW 2019, Spokane, WA	
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## Parish and Community Volunteer Opportunities Calendar

October	TBD	Hope Garden Clean Up	Help winter-over food pantry's garden
Nov 4	2-4:30 pm	Potluck in the Park Meal Service	Free meal served in downtown Portland's North Park Blocks
February 9	11:30 am -1 pm	First Reconciliation Reception	Assist in set up and clean up
March 2	1-2:30	Oregon Food Bank, Beaverton	Assist with repacking bulk food into smaller packages for distribution to non-profits
2 <sup>nd</sup> Sunday of each month throughout the school year	10:30	Youth Mass	Sign up with Anna to volunteer to join the choir, usher, or read.
Every Wednesday	5-7 pm	St. Francis Food Pantry	Contact Anna with questions
Each Sunday after Nov. 5	Set Up (anytime before 4 pm) Shift 1 (4:15-11 pm)	St. Francis Hope Shelter	Sign up with Anna for Set Up or Shift 1
Each Sunday	5-6 pm (plus set up and clean up)	St. Francis Hope Diner	Sign Up with Anna to assist a team hosting a meal
Ongoing	Anytime	Weeding Parish Grounds	Bring your own gloves and weeding tools. Dump debris by iron cross at end of main driveway.

Anna Wilson, Youth Minister and Social Action Coordinator: [anna@stfrancissherwood.org](mailto:anna@stfrancissherwood.org) or 503-625-7067

Parish Office: [church@stfrancissherwod.org](mailto:church@stfrancissherwod.org) or 503-625-6185

Resources for other parish volunteer options:

1. Contact parish office to assist with various ministries (e.g., assisting Eucharistic Ministers take communion to the homebound; reading, serving or ushering at mass; hosting coffee and donuts; assisting first and second graders in sacramental preparation classes; etc.)
2. Watch for emails from Anna about various parish functions soliciting volunteer parish teens throughout the year.

Resources for further community volunteer options:

1. Various opportunities in the Portland area: <https://www.handsonportland.org/calendar>
2. Tualatin River Wildlife Refuge: [https://www.fws.gov/refuge/tualatin\\_river/GetInvolved.html](https://www.fws.gov/refuge/tualatin_river/GetInvolved.html)  
(Second Saturdays work parties from 8:45-12 except Dec. no registration required)